

**Call Us**  
800-246-5743

<http://www.healthfirstnetwork.org>

# HEALTHFIRST



## services

**104 Northridge St. Marshfield, WI**  
**1257 North 8th St. Medford, WI**

- Annual Exams
- Emergency Contraception (Plan B/EC)
- Testicular Exams
- STI Testing and Treatment
- Pelvic Exams
- Clinical Breast Exams
- Labs
- Internal/External Condoms
- Health Education
- Wisconsin Well Woman Program
- PrEP
- Pap Smears
- Vaginal Checks
- HPV Vaccine
- UTI Testing and Treatment
- Pregnancy Testing
- Yeast Infection Testing and Treatment
- Colposcopies
- Birth Control Methods
- IUD/Nexplanon



**SANE Services**

Healthfirst is able to assist with healthcare concerns related to violence and provide care in a safe environment that is patient centered and trauma informed. Forensic Nurse examinations are available at the Marshfield clinic.

104 Northridge St. Marshfield, WI

## family planning only services (fpos)

### WHAT IS FPOS?

A program of Wisconsin Medicaid that covers most reproductive health services at 100% for both men and women making less than \$24/hour or \$49,920 annually.

**That means no cost to you!**

**All services  
listed above  
are covered  
by FPOS**



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# wic resources & services

The mission of WIC is to assure healthy pregnancies, healthy birth outcomes, and healthy growth and development for infants and children up to age 5.

## This is done by providing:

- Nutritious foods to supplement participants normal diets
- Information and education on healthy eating
- Breastfeeding support
- Referrals to additional health care and social services programs when needed

Healthfirst offers a FREE monthly breastfeeding class.

## fit families

Fit Families helps young families to focus on eating healthier and being more active by providing the framework for achieving healthy food and beverage consumption, daily physical activity, and healthy supportive environments.

## breastfeeding support

Breastfeeding Peer Counselors share breastfeeding information and offer breastfeeding support. They are moms who have breastfed and are trained to help you breastfeed too. They can be with you every step of the way from your pregnancy through the first year.

 208 Mueller St. Athens, WI

 105 Park St. Spencer, WI

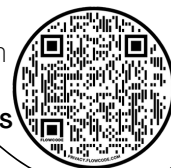
 118900 E Larch St. Stratford, WI

 1257 North 8th St. Medford, WI

## DID YOU KNOW?

Mental Health services are now being offered. Our team of counselors is available to provide emotional and mental health support to individuals who are facing personal challenges. Our counselors can help guide their clients through difficult times.

Do you feel unsafe in your relationship?  
Scan for resources



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